

ZC 2026: Session: 1: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 07:45 until 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansteenland Annelies HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BREASTSTROKE MEN 15+ Heat:5, starttime: 09:17

Heat: 5/9 Lane : 5 Athlete: NEYRINCK LOÏCK Q-time: 01:21:16

PB (50m pool): 01:21.16 Antwerpen 15/03/2026 PB (25m pool): 01:22.12 SB: 01:21.16 Antwerpen 15/03/2026

	5 0 M	1 0 0 M	
PB	00:38.22	01:21.16	
	<i>00:38.22</i>	<i>00:42.94</i>	
	

Coach feedback:

Event number: 4: 200M MEDLEY WOMEN 11-12 Heat:2, starttime: 09:57

Heat: 2/9 Lane : 3 Athlete: NEYRINCK ELODY Q-time: 03:43:11

PB (50m pool): no time PB (25m pool): 03:43.11 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 4: 200M MEDLEY WOMEN 11-12 Heat:7, starttime: 10:17

Heat: 7/9 Lane : 8 Athlete: JANSSEUNE LENA Q-time: 03:17:79

PB (50m pool): no time PB (25m pool): 03:17.79 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

ZC 2026: Session: 1: COACH evaluation sheet for TEAM: VZV

Event number: 4: 200M MEDLEY WOMEN 11-12				Heat:9, starttime: 10:25	
Heat: 9/9 Lane : 8 Athlete: WILS ESTELLE				Q-time: 03:06:45	
PB (50m pool): no time		PB (25m pool): 03:06.45 SB: no time			
	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 7: 200M BUTTERFLY MEN 15+				Heat:1, starttime: 11:10	
Heat: 1/2 Lane : 5 Athlete: THIERN KASPER				Q-time: 02:56:44	
PB (50m pool): 02:56.44 Lago Kortrijk Weide 03/05/2026		PB (25m pool): no time SB: 02:56.44 Lago Kortrijk Weide 03/05/2026			
	50 M	100 M	150 M	200 M	
PB	00:35.68	01:18.76	02:06.31	02:56.44	
	<i>00:35.68</i>	<i>00:43.08</i>	<i>00:47.55</i>	<i>00:50.13</i>	
	

Coach feedback:

Event number: 9: 50M BUTTERFLY MEN 11-12		Heat:1, starttime: 11:41	
Heat: 1/9 Lane : 2 Athlete: GOETHALS LOWIE		Q-time: 00:55:67	
PB (50m pool): 00:55.67 Brugge 01/02/2026		PB (25m pool): no time SB: 00:55.67 Brugge 01/02/2026	
	50 M		
PB	00:55.67		
	<i>00:55.67</i>		
		

Coach feedback:

Event number: 9: 50M BUTTERFLY MEN 11-12		Heat:6, starttime: 11:48	
Heat: 6/9 Lane : 6 Athlete: DEVOS BAS		Q-time: 00:43:04	
PB (50m pool): 00:43.04 Antwerpen 15/03/2026		PB (25m pool): no time SB: 00:43.04 Antwerpen 15/03/2026	
	50 M		
PB	00:43.04		
	<i>00:43.04</i>		
		

Coach feedback: